## Intra-Club Report 2023

## **Date:** 26<sup>th</sup> November 2023 **Location:** Cambridge University Sports Centre



On the 26<sup>th</sup> of November 2023, Cambridge University Karate Club held their annual intra-club competition at the University Sports Centre. This year's intra-club competition was the club's first ever **cuppers** event, meaning that for each entrant in the competition, points are awarded to their respective college. Points were further awarded to a college depending on which placement (Bronze, Silver, Gold) a contestant would receive.

This year's competition saw a lot of competitors of different grades, year groups and colleges, an amazing thing for the club, with every single competitor putting in an outstanding performance.

The competition started off with kata. The women's kyu grade kata took place first, with a good number of competitors and different styles which was wonderful to see. Davina Wang came first with a score of 19.7, closely followed by Emma Shen with a score of 19.6 who performed Heian Shodan – an amazing effort by a white belt. Men's kyu grade kata then followed, and after an impressive display of katas, Yusuf Karim finished in first place with a score of 19.8.

Women's dan grade kata was one of the most competitive events of the afternoon, with the largest number of competitors in one category. It was amazing to see so many women competing in kata, especially since different styles of karate were demonstrated. Everyone gave an outstanding performance, and this category was certainly one of the most difficult to judge. After a tough kata battle, Rose Zhang won the category with a final score of 23.2, performing an outstanding Chatan Yara Kusanku. She was followed closely by Millie Johal with her fabulous Papuren, scoring 23.1.

Men's dan grade kata also had a vast number of competitors who all displayed wonderful and powerful performances. Again, it was brilliant to see different kata styles being displayed by the competitors. Nirmay Jadhav placed in first place with a score of 23.1, performing Kankusho as his kata. The men's category, like the women's kata category, was incredibly competitive.

To finish off, kumite took place shortly after all competitors for kata had finished. To start off, kyu grade women's kumite took place. After a great effort from the women's side, Deepthi Kondhallay won in her kyu grade category. The men's kyu grade kumite took place after, and after a couple of rounds, Luka Pivovarsky won the category. Men's dan grade kumite was highly competitive and a very entertaining watch for all spectators. After several rounds, Jack Doust and Callum Reid were in the final match together. Both competitors put in a great effort, but ultimately, Callum came out victorious, achieving a gold for Homerton. Finally, after a couple of very evenly matched fights, Maya Darmon won the women's dan grade kumite.

The final results for the cuppers part of the competition was Homerton College in first place, with a total of 19 points. Emmanuel came in second with 15 points, and Churchill in third place with 13 points.

The Alvaro Angeriz award was then handed out at the medal ceremony, being awarded to Nirmay for his amazing kata. The captains felt that Nirmay has been committed to the club incredibly over the last year and his efforts at intra-club definitely showcased this.

A massive thank you to our Chief Instructor Ken and referees, our President Callum, the captains, and all those who came to support the club or gave up their time to help assist the competition; it would not have been possible without such great effort from everyone involved.

Report by Elizabeth Li *CUKC Women's Captain 2023-24*